

# PARENTS BRIEFING



21ST-22ND  
JAN 2025



*Adventure  
Camp*

**INNOTREK**  
Innovative Mind, Outdoor Spirit



# INNOTREK'S CAMP APPOINTMENTS

**CAMP CHIEF  
MR. JUN JIE**



**DEPUTY CHIEF  
MS HANI**



**+14 GROUP TRAINERS**

# CAMP DETAILS

**DATES: 21 - 22 JAN 2025**

**REPORTING VENUE: SCHOOL, 21ST JAN 2025**

**DISMISSAL VENUE: SCHOOL, 22ND JAN 2025**

## **CAMP VENUE:**

BOYS BRIGADE AND GIRLS BRIGADE  
CAMPSITE (BBGB)

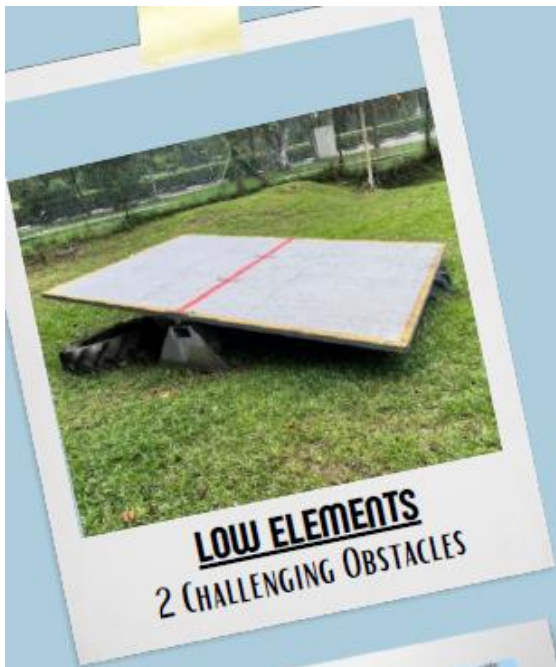
## **REPORTING ATTIRE:**

CAMP T-SHIRT WITH LONG PANTS, SCHOOL SOCK  
AND BLACK SHOES

 BOYS' BRIGADE & GIRLS' BRIGADE Campsite 



CAMPSITE FACILITIES



**LOW ELEMENTS**  
2 CHALLENGING OBSTACLES



**DORMS**  
10 BEDS (FAN)



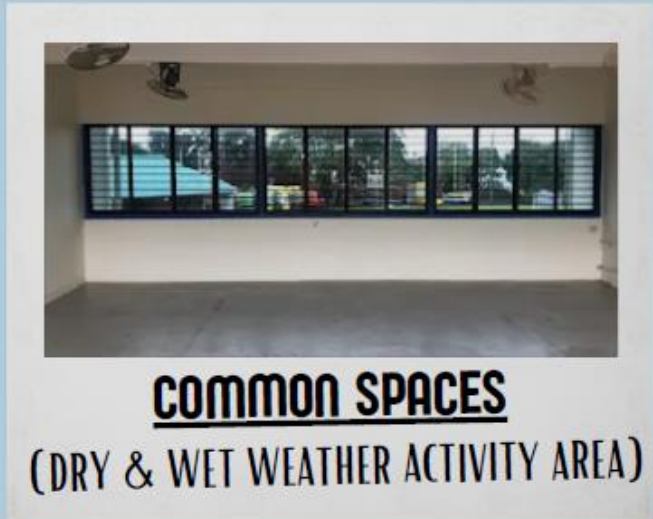
**SHOWERING FACILITIES**  
ONLY @ LVL 1



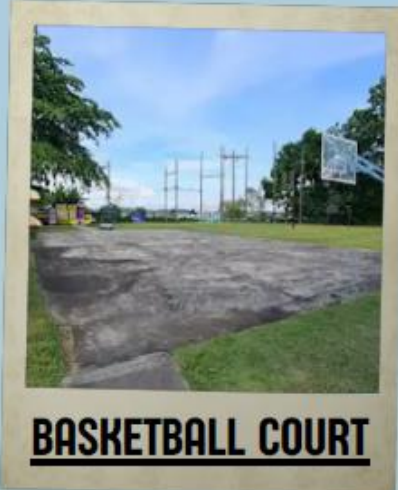
**BACKYARD**  
ACCOMMODATION | ACTIVITIES AREA



**DINING HALL**  
APPX ~250PAX



**COMMON SPACES**  
(DRY & WET WEATHER ACTIVITY AREA)



**BASKETBALL COURT**



CHAIRS ARE NOT ALLOWED TO BE  
BROUGHT OUT OF THE ROOM  
**Seminar**  
ACTIVITY AREA FOR WET WEATHER



## **TEACHERS DORMS**

10 BEDS (AIRCON)

LEVEL 2

2 ROOMS FOR TEACHERS

ONLY 2 SOCKET POINTS



## **CAMPERS DORMS**

10 BEDS (FAN)

LEVEL 3 & 4

6 ROOMS / LEVEL



**TOILETS & SHOWERS**  
ONLY @ LVL 1

## **IMPORTANT INFORMATION**



Each Campers & Teachers will receive the following when staying in dorms



1 X Blanket



1 X Pillowcase



1 X Bedsheet

### **DORM CHECK IN & OUT TIMING**

Checking In: 0830Hrs  
Checking Out: 0900Hrs

All received bed materials are to be packed separately in a bundle of 10 & to bring to LVL 1 upon checkout.

To return to camp chief



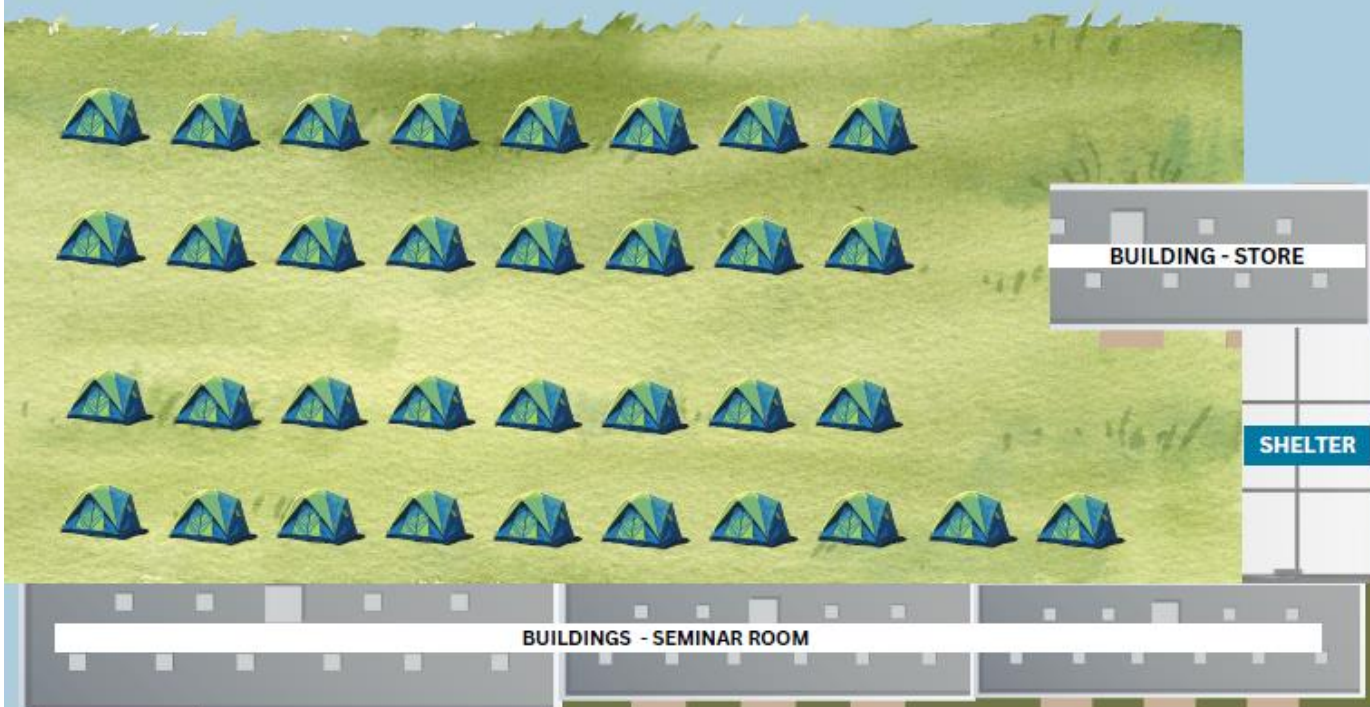
Room Keys

Aircon Remote



**CAMPSITE**

**INNOTREK**  
Innovative Mind, Outdoor Spirit



**BACKYARD**  
ACCOMMODATION | ACTIVITIES AREA



**COMMON SPACES (Lvl 2-4)**  
WET WEATHER ACCOMMODATION PLACE

**Odyssey Tent Series**  
Product Features

- ✓ Easy Set Up
- ✓ Dome structure design
- ✓ Compact and lightweight
- ✓ Mesh Upper Ventilation
- ✓ Dual Layer (Flysheet and Tent)

Camping & Outdoor Equipments  
Web: [www.innotrek.com.sg](http://www.innotrek.com.sg) | Email: [info@innotrek.com.sg](mailto:info@innotrek.com.sg)

**8**  
Person Capacity

DIM 300 x 300 x 180 CM  
 Waterhead 1500 MM  
 Fibreglass Poles  
 Flysheet 19-0T  
 Polyester with PU Coating  
 Groundsheet 120 G/M<sup>2</sup>

5-6 CAMPERS / TENT  
DORM AND TENTS ALLOCATION TEMPLATE  
TO BE ADVISED BY CAMP CHIEF

LOW ELEMENTS







**1X FIRST AID POST  
WILL BE AVAILABLE.**

CHAIRS ARE NOT ALLOWED TO BE  
BROUGHT OUT OF THE ROOM

STUDENTS WHO ARE UNWELL HAS  
TO BE ACCOMPANIED BY AN ADULT  
AT ALL TIME.





**CAMPFIRE NIGHT**



**TENT PITCHING**



**TEAM BUILDING & PROBLEM SOLVING**



**LOW ELEMENTS**



**A**CTIVITIES

**INNOTREK**  
Innovative Mind, Outdoor Spirit



# TEAM BUILDING

**IMPORTANT**





# PROBLEM SOLVING

**IMPORTANT**





# LOW ELEMENTS

**IMPORTANT**





## CAMPFIRE NIGHT

CAMPFIRE LOCATION:  
BBGB CAMPSITE, BASKETBALL COURT  
PARENTS CAN COME IN AT 7PM

(VEHICLE CAN BE PARKED OUTSIDE THE  
CAMPSITE, SEMBAWANG PARK CP 1)



# DAYPACK ITEMS



**Sun Protection**  
-Sun Block  
-Hats/sunglasses  
-Arm sleeves



**Day Pack**  
(preferably  
bag pack)



**Water Bottle**  
at least 1.5L



**Raincoat/Poncho**



**Medicine**

(Must be prescribed)

# SUMMARY OF PACKING LIST

## Items in Bag Pack (Big Bag).

Non-disposable utensils  
(Fork, spoon and plastic mug only)  
Sleeping Bag  
Toiletries, toothbrush, tooth paste  
Slipper/ Sandal  
Towel  
Sleeping Attire and Undergarments

## Low Element Activity.

Long Pants (No tights or jeans)

## Daily Attire

PE Attire

## Items in Day Bag (Small Bag).

Water Bottle (Non disposable)

Sun Screen

Cap/ Hat

Personal Medication

Raincoat/ Poncho

Pen

Torchlight and spare batteries

Insect Repellent (Optional)



# FOOD

**BREAKFAST  
LUNCH  
DINNER  
(BRING  
CUTLERIES)**



## STANDARD FOOD

- NO SEAFOOD
- G6PD FREE
- NO SHELLFISH
- NO NUTS
- NON SPICY

- ## VEGETARIAN FOOD
- NO ONION, CHIVES AND GARLIC
  - NO EGG

**SUPPER  
(MUGS ARE  
PROVIDED)**



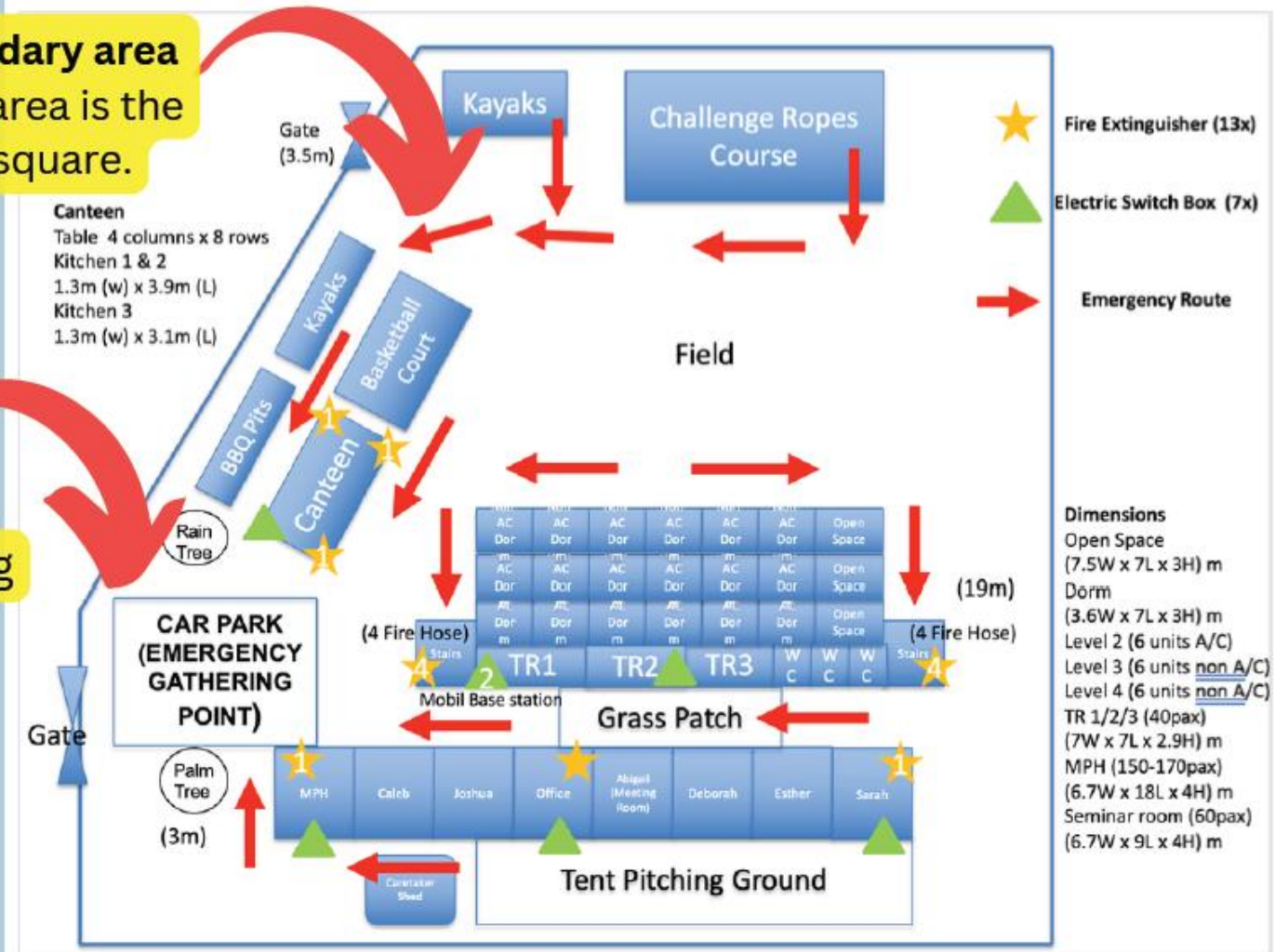
Food provided is HALAL certified and does not contain beef.

# EVACUATION ASSEMBLY LOCATION

Campsite Layout

The **secondary area** gathering area is the parade square.

The **primary area** gathering area is parking lot.



### Nearest Clinic Contacts

Campsite	Nearest Hospital	Contact No:
GB BB Sembawang Campsite	<b>Khoo Teck Puat Hospital</b> <ul style="list-style-type: none"> <li>100 Yishun Central Singapore 768826</li> </ul>	6555 8000
	<b>KK Women's and Children's Hospital</b> <ul style="list-style-type: none"> <li>100 Bukit Timah Rd, Singapore 229899</li> </ul>	6225 5554
Emergency Contact:	<b>Fire/ Ambulance: 995</b>	<b>Police: 999</b>
Non-Emergency:	Ambulance: 1777	

Campsite	Nearest Medical Centre	Contact No:
GB BB Sembawang Campsite	<b>Greenlife Clinic &amp; Surgery (Point B)</b> <ul style="list-style-type: none"> <li>11 Canberra Road #02-01 Sembawang MRT Station Singapore 759775</li> </ul>	6756 2676
	<b>Healthway Medical Group(Point C)</b> <ul style="list-style-type: none"> <li>30 Sembawang Drive #03-06 SunPlaza Singapore 757713</li> </ul>	6555 1445
	<b>Canberra Medical Centre(Point D)</b> <ul style="list-style-type: none"> <li>306A Canberra Road #01-01 Singapore 751306</li> </ul>	6852 0500
	<b>Central 24HR Clinic (Yishun) (Point E)</b> <ul style="list-style-type: none"> <li>Blk 701A Yishun Ave 5 #01-04 Singapore 761701</li> </ul>	6759 7985

# IMPORTANT

- TO INFORM TEACHER ABOUT ANY MEDICAL CONDITIONS THAT YOUR CHILD MAY HAVE.
- DO LABEL YOUR CHILD ITEMS IF POSSIBLE
- DO NOT BRING TITBITS EG. SNACKS / POTATO CHIPS / SWEETS
- ACCESSORIES SUCH AS MOBILE PHONE, HANDHELD GAMES AND CAMERA ARE NOT ALLOWED

# **NORTH SPRING PRIMARY SCHOOL**

**WE ARE EXCITED TO  
MEET ALL OF YOU FOR  
THE CAMP!  
SEE YOU ON**

**21ST - 22ND JAN 2025**



